



## Himalayan Salt with Phytoplankton Crystallized marine salt

Phytoplankton are micro seaweeds that transport nutrients to ocean organisms. It is formed by amino acids, proteins, fatty acids, Omega 3, 6 and 12, vitamins, and a great number of minerals. Among many other properties, it helps to prevent cholesterol, boosters vitamins and increases energy levels.

Perelada's Pink Himalayan Salt is an extraordinarily pure marine salt that sedimented under the Himalaya 200 milion years ago. Unlike Maldon salt, Pink Himalayan Salt can be used both to cook and season.

Pink Himalayan Salt has suffered extreme pressures throughout the centuries: the weight of the highest mountains in the world has turned it into a crystallized salt with a crispy texture.

Pink Himalayan Salt is healthier than common table salt, and it helps to prevent orteoarthritis, asthma, osteoporosis, etc.

**Ingredients:** Pink salt (98% CLNA and 2% minerals), phytoplankton (1,5%)

Case: 250 grams.